

The POWER TO QUIT *is* INSIDE *you*

It's
NEVER TOO LATE
to QUIT *smoking*
for you and your baby.

Get **FREE** help quitting tobacco today.
The Montana Tobacco Quit Line offers:

- Culturally appropriate services for American Indians, including an understanding of traditional tobacco use.
- A **FREE** personalized quit plan
- **FREE** educational materials
- **FREE** phone coaches
- **FREE** nicotine replacement therapy (*available for qualified individuals over 18 who are enrolled in the program, not available during pregnancy.*)

MONTANA TOBACCO

QUIT **LINE**

1-800-QUIT-NOW

www.TobaccoFree.mt.gov

Quit Tobacco Today!
Call the Montana Tobacco Quit Line

1-800-QUIT-NOW